

**A SIGNED WAIVER MUST BE
TURNED IN FOR EACH
PARTICIPANT**

WAIVER OF LIABILITY

By signing this waiver and release, I affirmatively represent my understanding that competing in the PAT-Triathlon is a potentially hazardous activity which may result in injury, including death. Before participating in this event, I certify that I am in good health and properly trained and understand that it is my responsibility to notify event staff of any adverse or unusual symptoms that I may experience while participating. It is my understanding that I assume all risks associated with the event including, but not limited to: fainting, slipping, orthopedic injury, contact with other participants, and all other such risks to be known and appreciated by me. Having read this waiver, I agree that Stevenson High School officers and agents will not be held liable to me. I do hereby release and discharge from injuries, including death, damage, or loss which may accrue to me on the account of my participation in this event or other events connected with this event. I further grant permission to all aforementioned to use any photographs or any other record of this event for any legitimate purpose.

Signature of Participant

Parent/Guardian signature (if minor)

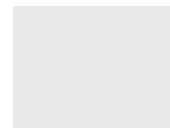
Emergency contact #

2ND ANNUAL PAT-TRIATHLON
STEVENSON HIGH SCHOOL
ONE STEVENSON DRIVE
LINCOLNSHIRE, IL 60069

STEVENSON HIGH
SCHOOL'S 2ND ANNUAL
PAT-
TRIATHLON
APRIL 23, 2006



**SIGN UP BEFORE
SPRING BREAK TO
GUARANTEE YOUR
T-SHIRT**





2ND ANNUAL PAT-TRIATHLON

Race Information

The race is co-sponsored by the Stevenson High School Physical Welfare Department and P.R.E.P. The Race is open to all S.H.S. students, faculty, and staff. **NEW** this year, the race is now open to community/family members (high school age through adult). The race will consist of the following:

- **3 mile** bike around campus (helmet required)
- **1 mile** run on the outdoor track
- **200 yard** swim in the Aquatic Center

Participants can compete in the following categories:

- **Individual** (1 person doing all events)
- **Relay** (3 people each doing one event)
- **Track athletes may only compete in bike or swim portion of race.**
- **Water Polo athletes may only compete in the bike and run portion of the race.**

Event Information

- **FREE** for all S.H.S. students, faculty, and staff.
- \$15 for community and family participants.
- Every participant will receive a T-shirt and goodie bag!
- Participants must provide their own bike and helmet. **NO HELMET = NO RACE.**
- In the case of inclement weather, the bike portion of the race will be cancelled.
- Participants must have a registration form and waiver signed before the event.
- S.H.S. students, faculty, and staff can drop off forms to Ms. Piekarski in the West P.E. office (rm. 2108)
- Community/Family members must turn in money and forms to P.R.E.P. Office

Awards

- Event Medals will be given to individuals with the top 3 times for male/female in each grade level, faculty, and community
- Relay Medals will be given for top 3 places overall for students, faculty/staff, and family

SIGN UP FORM

INDIVIDUAL RACE

Check the category you will participate as and fill out:

S.H.S FACULTY/STAFF:

Name: _____ M F

• Department: _____ Shirt Sz. ____

S.H.S STUDENT:

Name & ID #: _____

• Grade: ____ M F Shirt Sz.: ____

COMMUNITY/FAMILY:

Name: _____ M F

Age ____ Shirt size ____

RELAY RACE

Check which category your team will be participating in and fill out:

FACULTY RELAY TEAM:

Name: _____ M F

• Department: _____ Shirt Sz. ____

Name: _____ M F

• Department: _____ Shirt Sz. ____

Name: _____ M F

• Department: _____ Shirt Sz. ____

STUDENT RELAY TEAM:

Name & ID #: _____

• Grade: ____ M F Shirt Sz.: ____

Name & ID #: _____

• Grade: ____ M F Shirt Size: ____

Name & ID #: _____

• Grade: ____ M F Shirt Size: ____

FAMILY RELAY TEAM:

Name: _____ M F

• Age: ____ Shirt Size: ____

Name: _____ M F

• Age: ____ Shirt Size: ____

Name: _____ M F

• Age: ____ Shirt Size: ____